Airmen attend a spinning class at the fitness center during Airman's Choice Day at Kunsan Air Base, Republic of Korea, Feb. 21, 2020. The wing resiliency day offered a wide range of classes including fitness opportunities, cooking demonstrations, reintegration workshops, language classes, and motivational speakers. (U.S. Air Force photo by Senior Airman Jessica Blair) ▲

#### **By Senior Airman Jessica Blair** 8th Fighter Wing

KUNSAN AIR BASE, Republic of Korea --Airmen from the 8th Fighter Wing participated in Airman's Choice Day, a wing resiliency event, Feb. 21.

Airman's Choice Day consisted of more than 30 events, workshops and activities which brought the Wolf Pack together with the intention to promote the empowerment of Airmen and set them up for success when overcoming personal and professional challenges.

"Resilience is like having the right equipment," said Lt. Col. Michael Howard, 8th FW chaplain and event motivational speaker. "When my family lived in Norway, the Scandinavians had an expression: 'There's no bad weather, only bad equipment.' Life is like the weather, it just throws all kinds of things at you; sunny days, rainy days, fog, sleet and hurricanes, but if you have the right equipment then you can endure."

There was an extensive range of events for Airmen to participate in including fitness opportunities, cooking demonstrations, a civilian workforce reintegration workshop, language classes, and numerous motivational speakers to listen to.

"I think wing resiliency days are important because they give us time to really reflect on

Ingredients, for the Korean dish bibimbap, sit on a counter during a cooking class at the Sonlight Inn kitchen at Kunsan Air Base, Republic of Korea, Feb. 21, 2020. This wing resiliency day offered a wide range of events including fitness opportunities, cooking demonstrations, reintegration workshop, language classes, and motivational speakers. (U.S. Air Force photo by Senior Airman Jessica Blair)

what is going on in our lives and evaluate ourselves," said Airman First Class Kyser Clark, 8th Communications Squadron technician.

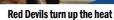
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## **CHIEF'S CORNER**

## We're Not So Different After All



CMSgt Jacob N. Messina, Superintendent, 36th Aircraft Maintenance Unit

he workplace: a microcosm of human activity, where the survival of the fittest mentality is fueled by copious amounts of caffeine. On the left, the bold, baby boomer generation extols the benefits of commitment to the cause, with their wise and tenacious approach earning them a loyal legion of fans. On the right, the daring, digital experts enter the multigenerational arena, with a constant chorus of beeps announcing their arrival to the scene. If cliches are to be believed, these rival factions in the workforce are as different as chalk and cheese, with their opposing views and methods of working creating a gaping chasm between them.

While cliches are undoubtedly convenient, evidence that points to the contrary consistently confounds their logic, affording a tantalizing glimpse of reality that tells a different story entirely.

On one particular occasion, the prospect of an organizational restructure loomed gloomily on the horizon, with the mention of additional training or the change of leadership striking fear into many hearts. The stress of the impending changes left

a trail of nail biters and chain smokers in their wake, with a haze of fumes and foreboding mirroring the general vibe of the office. In recent years, the pace of technological progression had changed the firm beyond all recognition; while this allowed for greater efficiencies, expectations increased exponentially, resulting in high levels of stress among workers as they attempted to navigate these changes. Imagine navigating the Himalayan mountain range with

satellite navigation, and you get a general idea. It was a disaster waiting to happen. Or was it?

As the "day of reckoning" arrived, apprehensions about workplace training or new leadership-isms were replaced with a reassuring sense of relief; despite their initial reservations, boomers were matched with digitally savvy millennials to master sophisticated, technical tools. In return, boomers mentored junior team members on aspects of business protocol, with their years of work experience providing an insightful sense of perspective. Although the initial intention was to cross-train employees and expand their arsenal of skills and adaptability, the reality of working together demonstrated the key commonalities between them.

Firstly, both boomer and millennial workers appreciate the opportunity to further their learning, while discovering latent talents and abilities they previously overlooked. Secondly, the values espoused by both groups are remarkably similar in sentiment; before making important decisions, millennial and boomer employees strive to understand the reasoning behind them, with a meaningful sense of mission acting as the driving force for these groups. Thirdly, both millennial and boomer workers seek to connect with their wider community; the longing to belong at work remains an inherently human need that transcends all generations, and the perceived differences between them.

For regardless of their different experiences and levels of technological wizardry, the similarities that persisted between them were also startlingly apparent; their dedication to the task at hand and desire for meaningful labor shaped their attitudes and approaches to work. Moreover, the prospect of organizational change elicited identical responses from boomers and millennials, with both groups seeking their solace in a packet of Marlboro Lights (metaphorically speaking that is). Thus, when



the pressure reaches its peak, both boomers and millennial workers will turn to tried and tested solutions to keep their stress in check. Of course, hopes for happiness, health, and world peace remain additional dreams for both groups, where the inequities that persist in society are addressed and successfully resolved.

But for now? The resultant remains despite the cliches, we aren't so different after all.

## Gen. Charles Q. Brown nominated to be next Air Force Chief of Staff

By Charles Pope Secretary of the Air Force Public Affairs

**ARLINGTON, Va. (AFNS)** -- Gen. Charles Q. (CQ) Brown, Jr., the commander of Pacific Air Forces, a decorated pilot who has held key commands and served as a military advisor at the highest levels, has been nominated to serve as the Air Force's 22nd Chief of Staff, Secretary of Defense Mark T. Esper announced March 2.

If confirmed by the Senate, Brown would assume one of the two highest positions in the Air Force from Gen. David L. Goldfein, who is retiring June 30 after four years as Chief of Staff. Brown would be the first African-American to serve as a service chief.

"I am truly honored and humbled by the nomination to serve as the Air Force's 22nd Chief of Staff," he said. "If confirmed, Sharene and I look forward to building upon the legacy of Gen. Dave and Dawn Goldfein and the many airpower giants before who have served our Air Force and our nation with such dedication."

Brown, known across the Force as "CQ," will take command of an Air Force in transition, one moving from a decades-long priority on combating and containing terrorism to a new era of Great Power Competition. As part of that new focus, the Air Force and entire U.S. military must be trained, ready and properly equipped to confront, deter and if necessary, defeat, challenges from Russia and China. It also comes at a time of heightened challenges from North Korea and other geopolitical shifts across Asia.

Brown is deeply familiar with the Korean Peninsula and Asia. That is a result of his command of Pacific Air Forces, a sprawling endeavor in which he leads 46,000 Airmen spread over half the globe and devises policies and tactics that guarantee mission success in an increasingly complex and dangerous part of the world.

"The United States Air Force will be well served by the formidable talents of CQ Brown," Secretary of the Air Force Barbara Barrett said. "He has unmatched strategic vision and operational expertise. His leadership will be instrumental as the service continues to focus on the capabilities and talent we need to implement the National Defense Strategy."

As Chief of Staff, Brown will play a central role in fully integrating and connecting warfighting operations that allows information to be collected, analyzed and shared across all domains – air, sea, land, cyber and space – and among all services.

"CQ Brown is one of the finest warriors our Air Force has ever produced. He's led worldwide – in the Pacific, Europe, the Middle East and Africa," Gen. Goldfein said. "When it comes to global, operational savvy there's nobody stronger. Congratulations to Gen. Brown on his nomination to be our next Chief."

As Chief of Staff, Brown will also be a principal ally and partner in supporting the newly created Space Force.

"Gen. CQ Brown is the right strategic leader at the right time for the United States Air Force," said Gen. Jay Raymond, Chief of Space Operations. "He clearly understands the evolving and complex strategic environment we face and recognizes the importance of integrating across all domains to compete, deter and win. On behalf of the 16,000 men and women assigned to the United States Space Force, congratulations on the nomination!"

Brown will sit as a member of the Joint Chiefs of Staff and represent the Air Force to the public, to Congress, industry partners as well as allies. The Chief of Staff is responsible for devising and articulating Air Force priorities, for shaping the service's culture, budget and priorities as well as organizing, training and equipping the Air Force's 685,000 active-duty, Guard, Reserve and civilian personnel.

"Gen. Dave Goldfein has been a tireless servant leader as Chief of Staff in championing the Air Force our nation needs. This is important, yet difficult work that will only grow more complicated as the security environment continuously changes in this era of Great Power Competition," Esper said.

"With Gen. CQ Brown's nomination, comes the right level of talent and experience for the job to hone Airman lethality and readiness; strengthen bonds with allied and partner air forces, and to do this efficiently," he said.

Brown's background and education, his commands and experience, position him well for the demands and expectations of the job.

He graduated in 1984 from Texas Tech University with a degree in civil



Gen. Charles Q. (CQ) Brown, Jr., the commander of Pacific Air Forces, a decorated pilot who has held key commands and served as a military advisor at the highest levels, has been nominated to serve as the Air Force's 22nd Chief of Staff, Secretary of Defense Mark T. Esper announced March 2, 2020. (U.S. Air Force courtesy photo)

engineering and earned his commission – with distinction – through Air Force ROTC.

Throughout his 35-year career, Brown has been guided by what he describes as his "four tenets" – execute at a high standard; be disciplined in execution; pay attention to the details; and have fun.

"Regardless of our respective ranks and positions, we must execute to the best of our abilities and we must do it right the first time because the application of airpower is serious business where half-hearted efforts and playing for second place are not options," he said during a 2018 speech.

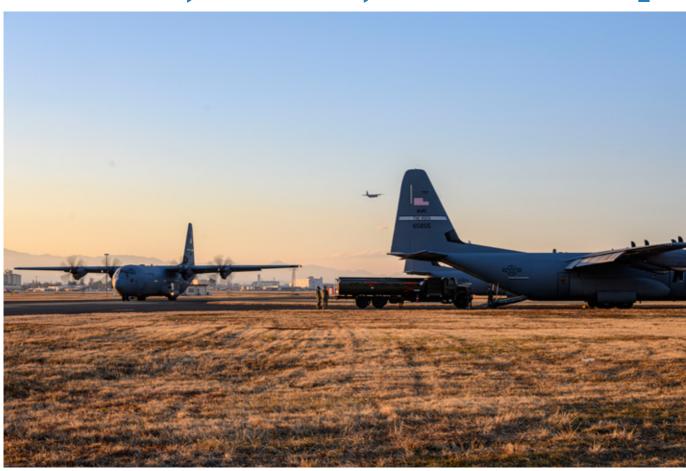
A command pilot with more than 2,900 flying hours primarily in the F-16 Fighting Falcon, including 130 combat hours, Brown held key roles in operations against Libya and in the air war against the Islamic State group. Across his career, Brown has commanded a fighter squadron, two fighter wings and U.S. Air Forces Central Command. Prior to his current assignment, he served as the Deputy Commander, U.S. Central Command.

He also held other senior positions that will serve him well as the service's chief military officer. They include serving as commandant of the Air Force Weapons School from 2005 to 2007 and, from March 2014 to June 2015, as director, Operations, Strategic Deterrence, and Nuclear Integration, Headquarters U.S. Air Forces in Europe.

Importantly, he also has an up-close understanding of the Chief of Staff, having served as Aide-de-Camp to the 15th Chief of Staff, Gen. Ronald R. Fogleman and as the Executive Action Group Director for the 22nd Secretary of the Air Force, Michael B. Donley and 19th Chief of Staff, Gen. Norton A. Schwartz. He also served as a National Defense Fellow at the Institute for Defense Analyses.

"It is an absolute privilege for Sharene and I to represent our Airmen and families and we remain committed to serving them each day with the unwavering support that will ensure we remain the greatest Air Force in the world," Brown said.

# Three wings, one objective: Misawa, Yokota, Little Rock practice ACE



**U.S. Air National Guardsmen from the** 61st Airlift Squadron, Little Rock Air Force Base, Arkansas, and U.S. Air **Force Airmen from the 35th Logistics** Readiness Squadron, Misawa Air Base, Japan, prepare to load an R-11 fuel truck on a C-130J Super Hercules at Yokota Air Base, Japan, Feb. 13, 2020. Capabilities such as a tactical airlift by a C-130J of an R-11 fuel truck provides Pacific Air Forces' bases global reach and agility in the Indo-Pacific region by ensuring aircraft and personnel are able to rapidly maneuver throughout the theater to respond to any contingency or crisis. (U.S. Air Force photo by Staff Sgt. Melanie A. Bulow-Gonterman) ◀

A U.S. Air Force loadmaster from the 61st Airlift Squadron, Little Rock Air Force Base, Arkansas, directs Senior Airman Tristin Giffor, a 35th Logistics Readiness Squadron fuels technician, into a C-130J **Super Hercules during an Agile Combat Employment capabilities development** event at Misawa Air Base, Japan, Feb. 12, 2020. This was the first time in three years an R-11 fuel truck was loaded onto a C-130J at Misawa. (U.S. Air Force photo by Staff Sgt. Melanie A. Bulow-Gonterman) ▼

By Staff Sgt. Melanie A. Bulow-Gonterman 35th Fighter Wing Public Affairs

#### YOKOTA AIR BASE, Japan --

irmen from the 35th Fighter Wing integrated with units from Little Rock Air Force Base, Arkansas, and Yokota Air Base, Japan, for a Total Force cooperation event aimed at Agile Combat Employment development at Yokota Air Base, Feb. 13.

The Agile Combat Employment, or ACE, mission had a variety of desired learning objectives for 16 Misawa Airmen to accomplish in a 35-hour timeframe. During the 35 hours, Airmen from three bases tested rapid aircrew swap-out and wet-wing defuel procedures. For Little Rock AFB Airmen, this event also concluded a larger exercise, which was part of a 12-month process focused on sharpening readiness, and familiarized the unit with the Indo-Pacific region.

The training objectives for this event combined the rehearsal of emerging United States Indo-Pacific Command theater mobility operations with a study of specialized fueling operations uncommon to the fourth generation fighter enterprise.

"Misawa's portion of the ACE concept is basically having a jet land at a remote location. Then, a team of multi-capable Airmen re-arm and refuel the jet and send it back into the fight as quickly as possible,"

said Maj. Daniel Schreiber, the 35th Fighter Wing Inspector General.

With training designed to integrate critical expeditionary skills from several functional areas, Airmen are able to support power projection in remote environments with minimal resources, enabling them to better support continuous combat operations from anywhere in the Indo-Pacific region.

Airmen from the 35th Logistics Readiness Squadron Fuels Management Flight observed wet-wing defueling procedures at Yokota, consisting of off-loading fuel from C-130Js into a fuel truck, which could then refuel fighter aircraft during rapid crew swap-out procedures.

"A wet-wing defuel is considered a special fuels operation," said Master Sgt. Jason Dudley, the 35th LRS Fuels Management Flight superintendent. "Currently, the only shop authorized to perform this operation is Yokota's fuels shop. This gives us an opportunity to mirror their preparation and training in order to execute on our end. This also gives us a chance to experience it outside of a contingency environment and in a controlled setting."

During a wet-wing defuel, a C-130J lands and keeps all four



engines running. On-site ground crews then transfer fuel from the wings of the C-130J either to an expeditionary fuel bladder or a fuel

The purpose of a wet-wing mission is to deliver fuel for air operations at a forward operating base without an established fuel storage facility, allowing the Airmen to have access to critical resources.

"The biggest takeaway from observing a wet-wing defuel was seeing the risks identified and the precautionary measures in place to mitigate them, said Dudley. "All key players in the operation must be aware of the increased danger due to the aircraft engines running while taxiing in to place. Therefore, safety musty be a top priority as we execute the ACE mission."

These capabilities, demonstrated through ACE, provide Pacific Air Forces' bases global reach and agility in the Indo-Pacific region by ensuring forces are able to rapidly maneuver throughout the theater to respond to any contingency or

"These were just a few of the events our team was able to orchestrate in order to provide innovative opportunities for Misawa Airmen to expand their skillsets and capabilities," explained Schreiber. "Our goal is to expand training events in order to enable our warfighters to operate in a challenging environment with limited support and sustainment capabilities."



## By Airman 1st Class Brieana E. Bolfing 374th Airlift Wing

#### YOKOTA AIR BASE, Japan

-- Airmen from Yokota Air Base welcomed four Air Mobility Command C-130J's from Little Rock Air Force Base, Arkansas, as part of a capstone exercise Feb. 8-19, 2020.

"Yokota has a very unique AOR," said Capt. John Walitsch, 61st Airlift Squadron C-130J pilot. "By the 61st flying out, we get to enhance our skill set and learn how to fly in different parts of the world where there may be language barriers, different air space, and problems we may need to overcome."

The 19th Airlift Wing Airmen flew thousands of miles to integrate with Pacific Air Forces C-130J's from Yokota Air Base, Japan, as part of a larger exercise culminating the 4/12 deployment initiative, a 12-month process focused on sharpening readiness and preparing for tomorrow's fight.

With the new 4/12 initiative, AMC squadrons can deploy all their aircraft at once, creating the same down-range impact with a more cohesive training unit at home and less time away from family.

Since 9/11, deployments have been four months long followed by four months home—sending a few aircraft at a time, resulting in a constant deployment rotation and a consistently fragmented squadron at home, said Walitsch.

This training provided diverse flight operation opportunities while allowing the 41st Airlift Squadron and 61st AS to operate in the Department of Defense's largest area of responsibility.

To help the 61st adapt to a new environment, Yokota Airmen worked alongside the LRAFB Airmen, furthering their own training and strengthening their commitment to a free and open Indo-Pacific region.

"It really has been a wing effort to receive them," said Capt. Sean Boyington, 36th AS C-130J pilot and event coordinator. "We are practicing our reception working group here, which encompasses every organization and squadron on base.

"It allows us to be able to receive incoming aircraft, house them, provide maintenance, and process their cargo. We are able to brief them on local air space and any kind of special instructions we have for this AOR, utilizing aircraft from other locations to help bolster our capability if necessary."

The exercise was a success overall, said Boyington. With all seven aircrafts from both wings flying in joint formations as planned, before the 61st completed training and returned home to their own installations.

"We are guests at Yokota and this air space, but we are one big Hercules family," said 1st Lt. Riley Richards, 61st AS C-130J pilot. "Having that tight-knit community makes training in these new environments all the easier. Given the opportunity to come back, I would really enjoy another opportunity to train alongside the Airmen and aircrews of Yokota."

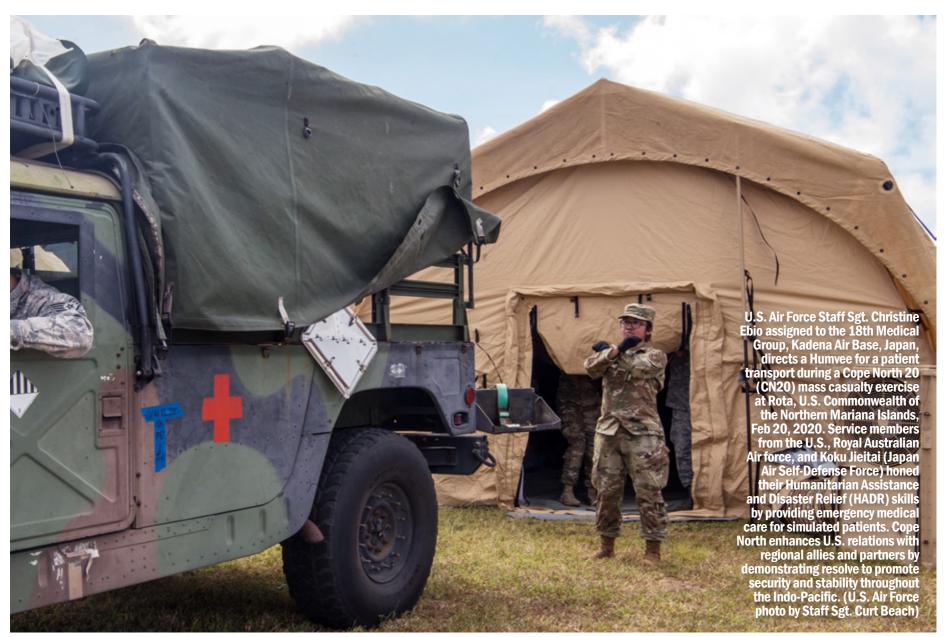






A C-130J Super Hercules assigned to the 61st Airlift Squadron from Little Rock Air Force Base, Arkansas, sits parked at Yokota Air Base, Japan, during a capstone exercise taking place in the Indo-Pacific Command's area of responsibility, Feb. 13, 2020. (U.S. Air Force photo by Airman 1st Class Brieana E. Bolfing) ▲

A heavy-equipment payload is dropped from a C-130J Super Hercules assigned to the 36th Airlift Squadron at the Combined Arms Training Center, Camp Fuji, Japan. (U.S. Air Force photo by Airman 1st Class Brieana E. Bolfing) ◀



## Multinational medics, civilian first responders 'save lives' at exercise Cope North 20

By Staff Sgt. Gregory Nash, Cope North Combined Joint Information Bureau

ANDERSEN AIR FORCE BASE, Guam -- When lives are on the line, there is no margin for error – and for a group of multinational medics and first responders, their razor-thin life-saving operations were put to the test during a Cope North 20 joint, mass casualty (MASCAL) field training exercise on the islands of Rota and Guam, Feb. 20, 2020.

Together, the United States Air Force and Navy, Japan Air Self-Defense Force (JASDF), and Royal Australian Air Force (RAAF) raced against the clock in a realistic exercise scenario to save 24 patients from a bus rollover. They worked alongside Guam's Army National Guard and local police and emergency medical personnel during integrated medical, air and ground operations.

Amidst the sounds of injured patients screaming, helicopters chopping and police sirens blaring, the team persevered past extreme duress to accomplish their goal: keeping every patient alive.

"When providing care for critical patients, minutes can often make the difference between life and death," said USAF Maj. Brian Johnson, Cope North 20 medical planner. "Due to the (patient transport) distance and time



U.S. Navy medics transport a simulated patient into U.S. Naval Hospital Guam during a mass casualty scenario as part of Cope North 20 (CN20), Feb. 20, 2020. During the exercises' trilateral mass casualty scenario, the U.S. Air Force and Navy, Japan Air Self-Defense Force, Royal Australian Air Force, Guam Army National Guard and Guam Police integrated their medical, air and ground operations to save 24 lives on the islands of Rota and Guam. (U.S. Air Force photo by Staff Sgt. Greg Nash)

of day, ground patient transfer wouldn't have resulted in a favorable outcome had it been a real-life scenario. However, thanks to the Guam Police Department and local authorities, the patients who weren't flown were able to get to U.S. Naval Hospital Guam in an expedited and safe manner."

#### Mass casualty scenario - the bus crash

The synergistic movement kicked off with screeching tires as a bus driver lost control while driving on the island of Rota. Gliding into traffic, a loud, piercing boom erupted as a rollover crash ensued, jarring glass debris and its passengers aboard.

After surviving the collision, the "battered and bloodied" patients were approached by local first responders and a RAAF physician who provided initial triage until higher echelon care was available.

#### Inter-island medical care

Once the patients were stabilized, they were transferred onto a US C-130J and flew to Andersen AFB where patients and medical care teams awaited transport to either a UH-72 helicopter, ambulatory bus or Humvee to the U.S. Naval Hospital Guam. A motorcade of emergency response vehicles, accompanied by the ambience of red and blue lights from the Guam Police Department, transported the "accident victims".

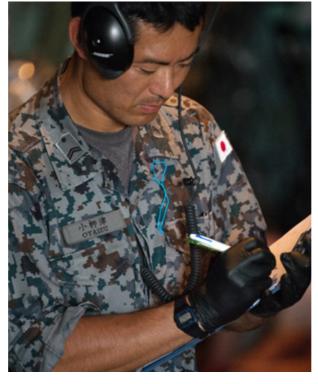
The U.S. Navy Medicine Readiness and Training Command (NMRTC) Guam, which recently co-located with navy medicine, was the ideal hospital to accept aeromedical evacuated patients as their final stop, said U.S. Navy Commander Elliot Ross, Senior Medical Officer, NMRTC Guam emergency department.

"This exercise was a great opportunity for the naval hospital on many levels," Ross said. "Drills like these help our team to hone our skills and with an all hands-on deck approach, we can confidently practice and perform our procedures when responding and managing large-scale medical emergencies."

The hospital's collective efforts included a critical care transport team (CCTT), which conducted inter-facility patient movement at the hospital. They also boarded the Guam Army National Guard's UH-72 helicopter and conducted patient movement from Andersen AFB to NMRTC Guam. An all-hands hospital staff recall was directed for exercise support while the hospital's command center coordinated additional island medical resources, regional military resources and local military operations centers with the NMRTC's new Emergency Management team.

Ross said with the exercises' large muscle movement and potential support to simultaneous real-world incidents, operational challenges were expected, and the hospital staff efficiently overcame those hurdles.

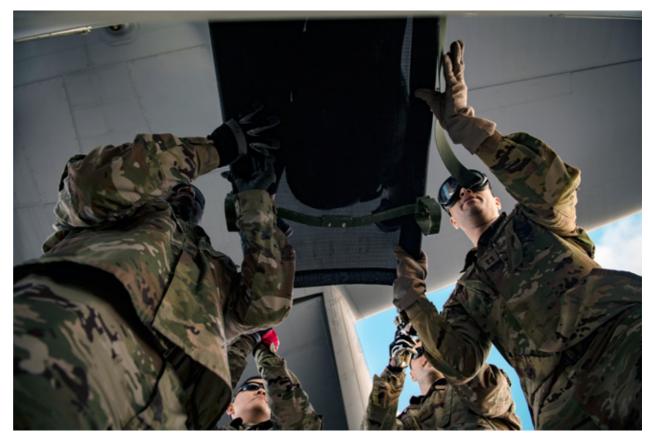
"We rapidly filled the exercise's available bed space and because we were running the hospital in real-time, additional space was limited," Ross added. "We have the capability to convert single rooms to double rooms, but it is not exercised frequently and is generally



U.S. Air Force 1st Lt. Paul DiBenedetto, 43d Aeromedical Evacuation Squadron flight nurse, motions thumbs-up for patient transport from a C-130J onto an ambulance bus during Cope North 20 (CN20), at Andersen Air Force Base, Guam. During the exercises' trilateral mass casualty scenario, the U.S. Air Force and Navy, Japan Air Self-Defense Force, Royal Australian Air Force, Guam Army National Guard and Guam Police integrated their medical, air and ground operations to save 24 lives on the islands of Rota and Guam. (U.S. Air Force photo by Staff Sgt. Greg Nash) ▶

Koku Jieitai (Japan Air Self-Defense Force) Tech. Sgt. Atsushi Oyaizu, assigned to Aero Medical Evacuation Squadron, Komaki Air Base, Japan, prepares for a medical evacuation aboard a C-130J Hercules assigned to the 815th Airlift Squadron, Keesler Air Force Base, Miss., during a Cope North 20 (CN20) mass casualty exercise at Rota, U.S. Commonwealth of the Northern Mariana Islands, Feb 20, 2020. Service members from the U.S., Royal Australian Air force, and JASDF honed their Humanitarian Assistance and Disaster Relief (HADR) skills by providing emergency medical care for simulated patients. (U.S. Air Force photo by Staff Sgt. Curt Beach) ◀





U.S. Air Force medics transport a patient onto an ambulance bus for continued care during Cope North 20 (CN20), at Andersen Air Force Base, Guam. During the exercises' trilateral mass casualty scenario, the U.S. Air Force and Navy, Japan Air Self-Defense Force, Royal Australian Air Force, Guam Army National Guard and Guam Police integrated their medical, air and ground operations to save 24 lives on the islands of Rota and Guam. (U.S. Air Force photo by Staff Sgt. Greg Nash) ▲

reserved for emergency situations. The lack of additional bed space required our staff to execute this plan and double-up our inpatient beds. This was outstanding because we were in real-time executing our emergency plan despite not initially planning to need this."

The MASCAL's design showcased Cope North's interoperable capabilities not only among international military teams, but with local, civilian first responders.

"The exercise's trilateral (construct) was the perfect structure to perform as a unified medical

effort in the Marianas region," Johnson added.
"Its design enabled all participants to rely on each other's strengths and capabilities to handle the scenario effectively, emphasizing a synergistic response capability."

Whether it's a real-world emergency or a future training scenario, these agencies will be heavily relied on for their expertise. Their ability to find and refine their best practices during Cope North 20 can assure the Indo-Pacific region that the highest echelon of care is available at a moment's notice.

## Red Devils turn up the heat



#### **8th Fighter Wing Public Affairs**

KUNSAN AIR BASE, Republic of Korea -- U.S. Air Force firefighters assigned to the 8th Civil Engineer Squadron "Red Devils" conducted live fire training at Kunsan Air Base Feb. 13. Live aircraft fire training ensures 8th CES firefighters are proficient in the steps needed to properly fight aircraft fires. (U.S. Air Force photo by Staff Sgt. Mackenzie Mendez)





U.S. Air Force Chief Master Sgt. Aaron Agner, 8th Operation Support Squadron superintendent, teaches resiliency class attendees racquetball basics during Airman's Choice Day at Kunsan Air Base, Republic of Korea, Feb. 21, 2020. During the resiliency day, Airmen had the opportunity to attend a wide variety of classes and workshops. (U.S. Air Force photo by Senior Airman Jessica Blair) ▶

#### < Continued from front page >

Janine Sijan-Rozina, Capt. Lance P. Sijan's sister, also visited the base to share her inspiring and motivating message about resiliency, family and survival. Sijan-Rozina took the opportunity to speak with Airmen and share her brother's legacy and courageous story as a Prisoner Of War, and about his extraordinary resilience which posthumously earned him the Medal of Honor.

"Lance's lesson is an extreme example of what the spirit can do to override physical needs," said Rozina. "His extreme and unbelievable persistence to continue to move forward despite his physical challenges is a story of true resiliency."







Janine Sijan-Rozina, Capt. Lance P. Sijan's sister, and 8th Fighter Wing F-16 Fighting Falcon pilots pose for a group photo at Kunsan Air Base, Republic of Korea, Feb. 21, 2020. Sijan-Rozina visited the Wolf Pack to share her brother's inspiring story about resiliency, survival and his legacy which posthumously earned him the Medal of Honor. (U.S. Air Force photo by Senior Airman Jessica Blair) ▲

U.S. Air Force Col. Tad D. Clark, 8th Fighter Wing commander, Chief Master Sgt. Steve. C. Cenov, 8th FW command chief, and Janine Sijan-Rozina, Capt. Lance P. Sijan's sister, provide Airman's Choice Day opening remarks at Kunsan Air Base, Republic of Korea, Feb. 21, 2020. The wing resiliency day consisted of more than 30 events, workshops and activities that brought the wing together to promote resiliency and give Airmen the tools to overcome challenges in their everyday life. (U.S. Air Force photo by Senior Airman Jessica Blair) ◀



# Passion to serve brings family together at historic location

By Tech. Sgt. Christopher Milbrodt

CAMP BLANDING, Fla. -- For those who choose to serve the country in uniformed service, when and where you enlisted isn't an easily forgotten thing, even if your service began more than 70 years ago. One family has a history that begins in the same spot.

"I was sworn in here at Blanding November 23, 1942," said Laurel Saunders.

Laurel, known to her friends as "Billie," remembers when women weren't allowed to serve in uniform. For women like her, who felt a calling to do their part just like the men, "No" just wasn't an option. Fortunately, with a world at war, the U.S. Army created the Women's Army Corps as a way for women to join the fight in uniform.

"Way back when the war broke out and they started taking all the boys, it's just something inside that tells you I want to go," said Billie. "But, at the beginning they didn't have anything for women. I had to wait a while, but as soon as they opened it up for



The Florida Air National Guard's 202nd REDHORSE Squadron gets a new recruit at Camp Blanding, Fla., Feb. 19, 2020. Raymond Mills, new recruit to the FLANG, is sworn into service by U.S. Air Force Brig. Gen. Scott Croxton, the chief of staff for the FLANG. (Photo Credit: Tech. Sgt. Christopher Milbrodt)

enlisted personnel they called me back because my name was on the list and I was the first one from Orlando, Florida, to come up here."

She laughs as she recalls the day more than 77 years ago where a girl, born and raised in Florida, was presented an opportunity to fulfill a calling and get outside her local community.

"They sent me home until January 3, 1943, and then I thought for sure I would go to Daytona, Florida, because they had a training center there," she said. "But instead, they sent me to Des Moines, Iowa ... on January 3, and I had never seen snow! When I got on that truck to drive out to where we were stationed, I looked at all that snow and thought, 'What have I done?"

With a smile still wide on her face, she says it wasn't the first surprise in store for her career.

"You might think I'm crazy, but I wanted to be a cook or baker I thought that would be just super," she said. "But, they [the Army] sent me to Boston on recruiting and I stayed a recruiter until after the war calmed down, when I was sent to Waltham General Hospital, Waltham, Mass., as the First Sgt. for the commander."

Her laughter carried through to her reason for visiting Camp Blanding once again after so many years.

"This is my first time back at Camp Blanding since I enlisted," said Billie. "It was a peculiar feeling to come through the gates again, not like coming home but, still a really good feeling."

The travel back to where her service began was sparked by another powerful force in her life. One more member of her family has answered the call of service.

"Today, I was sworn into the Florida Air National Guard's 202nd REDHORSE squadron at Camp Blanding," said Raymond Mills, Billie's great grandson. "I have a family history of military service and it means a lot to continue that."

He said he has a deeper feeling of carrying on the legacy because of this tie. He already wanted to serve but this bond makes it even more special.

"I didn't really know this place existed other than a brief visit to talk with my recruiter," said Mills. "But, when I brought it up at dinner she lit up and said, 'That's where I signed up!' and I knew I needed to enlist here as well."

After the ceremony, Mills' great grandmother had a few words of advice for him and anyone thinking of joining.

"Always remember who you are. You'll run into a lot of different kinds of people and be sent to different places, but don't forget your goals and your morals. Just stick to them."



The Florida Air National Guard's 202nd REDHORSE Squadron gets a new recruit at Camp Blanding, Fla., Feb. 19, 2020. (Photo Credit: Tech. Sgt. Christopher Milbrodt)





### **Osan Air Base Movie Theater**

March 26<sup>th</sup>

6:07am: Opening Remarks/Memorial Push Ups 6:30am: 24 Hour Run Start

March 27th

6:07am: Final Formation Run 6:30am: 24 Hour Run End/Closing Remarks/Memorial Push Ups

The 24 Hour Run is a worldwide annual event raising money for the TACP Association. Participants run, ruck, and/or walk as many miles as they can in a 24 hour period.

Awards given to the worldwide participant winners: Male and female most miles covered; 2 man run team; two man ruck team

Free race entry fee, but donations are welcomed. Please donate to the event at:

https://give.classy.org/Team-Osan

Contact SSgt Bunkley at 010-2353-4425 <u>mark.bunkley@us.af.mil</u> or TSgt Weldon Leonard 010-2309-3210 <u>weldon.leonard@us.af.mil</u> for more information.

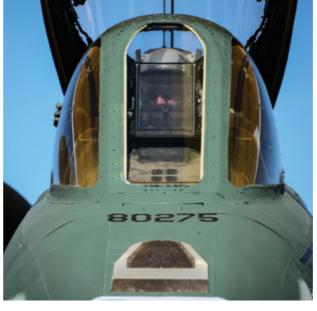


adets cross the terrazzo braving winter weather caused by a sudden snow squall at the U.S. Air Force Academy in Colorado Springs, Colo., Feb. 24, 2020. The Academy offers 27 majors and four minors ranging from astronautical engineering, history and military strategic studies. (U.S. Air Force photo by Trevor Cokley)



embers of the 335th Training Squadron freestyle drill team perform during the 81st Training Group drill down on the Levitow Training Support Facility drill pad at Keesler Air Force Base, Miss., Feb. 21, 2020. Airmen from the 81st TRG competed in a quarterly open-ranks inspection, regulation drill routine and freestyle drill routine. (U.S. Air Force photo by Kemberly Groue)





S. Air Force Staff
Sgt. Munoz, 332nd
Expeditionary Logistics
Readiness Squadron, refuels a
KC-135 Stratotanker with a force
system at an undisclosed location
in Southwest Asia, Feb. 13, 2020.
This new capability will provide
more efficient and effective ground
refueling. (U.S. Air Force photo by
Staff Sgt. Alexandria Brun)

aj. Cody Wilton, A-10C
Thunderbolt II Demonstration
Team pilot, conducts preflight checks on the flightline at
Davis-Monthan Air Force Base, Ariz.,
Feb. 18, 2020. Wilton has been the
demonstration team's pilot since
2017 when the team was started.
(U.S. Air Force photo by Airman 1st
Class Jacob T. Stephens) ◀

## RIMSON SKY

## Candle Safety

ccording to U.S. Fire Administration, on average, 42 home candle fires are reported every day. Most of these fires are caused by the misuse of candles within the home or work place. Remember, candle fires are preventable!

Candles are a nice way to relax after a long day but anytime an open flame is present; there is always a risk of a potential house fire. So, be sure not to place any flammable material on or near a burning candle.

Candles & Home Fire Safety Tips:

- Consider using battery-operated or electric flameless candles and fragrance warmers, which can look, smell and feel like real candles – without the flame.
- If you do use candles, ensure they are in sturdy metal, glass or ceramic holders and placed where they cannot be easily knocked down.
  - Avoid using candles in bedrooms and sleeping areas.
  - Extinguish candles after use and before going to bed.
  - Keep candles at least 12 inches from anything that can burn.
  - Keep candles out of the reach of children and pets.
- Children should never be allowed to play with matches, lighters or candles.
- Never use a candle where medical oxygen is being used. The two can combine to create a large, unexpected fire.
- Always use a flashlight not a candle for emergency
  - Never put candles on a Christmas tree.
  - And NEVER leave burning candles unattended!

According to 51 FWI 32-2001, Para 6.15.2.2 (2019 Edition) states that the use of candles, incense, or other open flame devices is prohibited in all base buildings excluding MFH.

If there are any questions, please do not hesitate to contact Fire Prevention Office at 784-4834/4835.

## **OSAN CITY'S ENGLISH PROGRAM** FOR MIDDLE SCHOOL STUDENTS

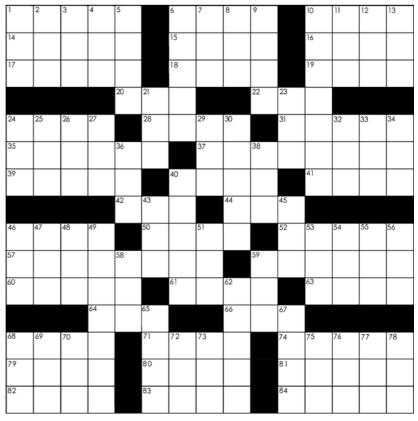


part of the Good Neighbor Program, 7th AF Public Affairs A Shas been supporting the conversational English program organized by the Osan City Mayor for middle school children in Osan city. The program is in need of volunteers who will assist and teach conversational English to the students for the 2020 first semester.

The program occurs every Thursday from 2 April 2020 to 23 July 2020. Transportation is provided from Checkertails at 1540 and will return 1830 each Thursday. If you are interested in this "Adopt-A-School English Tutoring Program", please contact 7 AF/ PA Ms. Yom, Kyong Suk via email kyong\_suk.yom.kr@us.af.mil or DSN 784-4724, cell phone 010-4736-7979.

#### By Jon Dunbar

## The Crossword



#### **ACROSS**

1 Market research firm

6 Legendary

10 Sky warfare branch 14 Type of online ad

15 Opposite of papa

16 Zilch

17 Cognizant

18 European mountain range

10 Cheorwon triangle 20 Police scientist

22 Korean bar

24 Food 28 \_ vera

31 Spock's philosophy

35 Found at War Memorial of Korea

Resolve Campaign Medal 39 Wind instruments

40 "Ye

41 Restaurant's list

42 School website top-level domain

44 Korean-Chinese idol group

46 Desertion

50 Shell shock

52 Goes with killing or trip 57 Battle of Inchon operation

59 75th Regiment

60 Lends

61 Pimple

63 Eons

64 Axl Rose's band

66 Infantry transport 68 Immediately

71 Fraud

74 Watering hole

79 Meats and cheeses store 80 Fits between delta and foxtrot

here"

43 Resolution measurement

47 UN public health agency

mouse?

45 Son \_\_\_\_ gun 46 Knee ligament

48 Are you a man \_\_\_\_ 49 Cannibal's delicacy

55 President Myung-bak

54 Breakfast food

58 Microsoft portal 59 Spokesperson

62 Crete neighbor

69 Stitch up 70 Boxer Mohammed

77 \_\_\_ a ju: 78 Look at

65 President Syngman 67 Bloodless revolt 68 US security company

, 72 Between Sept and Nov

76 Honorofic for superior \_ a jungle out there

73 Exclamation of discovery 75 Actress Gasteyer

8 SARGES

9 ARE 10 SHOOTER

81 Unify

38 Curse

51 Triple 53 Once

56 MDs

40 "I'm

82 Small branch

83 Arrival times 84 Examine

#### **DOWN**

1 Type of beer

2 Captured soldier

3 Found at a resort

servicemen

4 Airlift for \_

5 Up to 6 Google service

7 Buddy

8 Troublemaker

9 Money

10 Soldier's clothes

11 Coast Guard op

12 Much \_\_\_ About Nothing 13 Air conditioning alternative

21 Anti-aircraft weapon

23 Grand \_\_\_ Opry 24 Frankenfood

25 Massage 26 Camp Kim occupant

27 Honey maker

29 Tanker cargo

30 Opposite of started 32 Girls' Generation song

33 Motel

34 24 agency 36 Operate

27 ITEM 29 TENNIS 33 OSS

38 UNDO 39 OVER

19 ORD 20 CURLING 22 LOL

34 BENE 35 FREESTYLE 37 BERET 41 WYATT

44 NONLETHAL 49 HAIR 50 CGV 51 CRYING 52 OKRA 53 OPAL 55 SUB 56 URL 57 TYLENOL 61 ETA

62 WTO 63 AURORAS 67 CSI 68 ION 69 SKATING 70 OKD 71 LNG 72 EEL

**73 DDT** DOWN 1 CVS 2 HIT 3 OLE 4 YALU

12 END 14 LLC 21 IDOI 22 LIBERTY 23 WTF 24 HER 25 ONE 28 MET 30 NEUTRAL 31 ISNT 32 STD

47 ANU 48 LGB 50 COTTON 54 LEASE 58 NUKE 59 ORAL 36 YONGPYONG 37 BEER 40 VLC 41 WHO

Answers to Previous Crossword

**ACROSS** 1 CHO 4 YAM 7 JSA 10 SME 13 VILLAGE 15 EAR 16 HAN 17 STELLAR 18 ORE

26 EDGE

5 AGAR 6 MERLE 7 JEONGSEON 11 MARLENE

60 LOT 61 ECO 62 WIL 64 RID 65 AND 66 SGT

42 YAKUTSK

43 AIRRAID 45 OVAL 46 HIS

## COMMUNITY BRIEFS

#### Kunsan

#### - KUNSAN PHOTO CLUB -

Interested in sharing your photography experience with others and exploring Korea along the way? Have a camera, but want to learn how to use it more completely? Then join the Kunsan Photo Club as they delve into the finer qualities of photography where the key concept is: "It's not the camera that makes a great photo, but the photographer." If interested in joining, the group can be found on Facebook, just search for "Kunsan Photo Club."

#### - WOLF PACK LODGE -

Lodging Space A Policy Need a break? Got family visiting and no room to house them? You can book lodging rooms on a space available basis up to 120 days in advance for a maximum of 30 days depending on availability. You can also book reservations for the holiday season (November and December) up to 30 days in advance for a maximum of 15 days. (Depending on availability) Book now for all of those relatives coming for the holiday!

Reservations – Front Desk-DSN 782-1844 or Commercial (82)63-470-1844 FAX: DSN 315-782-0633 Commercial (82)63-470-0633

#### - SUNDAY SONLIGHT DINNER -

Every Sunday, volunteers from a spe-

cific unit cook dinner for their fellow Wolf Pack members at the Sonlight Inn. The dinner begins at 6 p.m. following grace led by a chaplain. Meals range from "breakfast for dinner" to "Italian cooking" to "Southern style." For more information or to volunteer, contact the chapel at 782-HOPE.

#### - SPONSOR TRAINING -

Learn creative ways to assist newcomers reporting to Kunsan AB. Registration required. Class is held at the Airman and Family Readiness Center. Call 782-5644 for more information, dates or to sign up.

- ROKAF ENGLISH CLASS -

Team 5/6 is looking for volunteers to support the ROKAF English class every Saturday, at the Sonlight Inn. You will be talking to ROKAF Airmen (enlisted) for approximately one hour. This event is open to all ranks! Civilian attire is preferred, however, UOD is allowed. For more information, contact Staff Sgt. Charles Nelson.

#### - PING PONG TOURNAMENT -

Free to all. Prizes for first and second places. Prizes include Wolf Pack Won. To sign up, dates or for more information, call the CAC at 782-5213 or 4679.

#### Osan

SEMI-ANNUAL 100% MUNITIONS INVENTORY: The 51st Munitions Squadron will be closed Mar 9th to Mar 13th for a 100% inventory. Issues, turn-ins and other request will not be supported during those dates. All needs must be requested and coordinated prior to Mar 4th.

51 FW / JA ARTIST SEARCH: Do you want your name to be on our wall next to your creation? The 51FW Legal office is looking for a talented artist who would be interested in painting a mural in our office for all to see!

MUSTANG UNIVERSITY: Mustang University provides opportunities to connect with the community with over 60 classes and activities. Credits are awarded, culminating in a Coining by the 51st Command Chief.

TAX SEASON: Tax season is quickly approaching and all are encouraged to start collecting their required documents today. Virtual currency is taxable and the IRS is tracking, so be sure to include all income on your tax return. Check the rules and regulations concerning your state, file a state income tax return if required. Osan AB will not offer Volunteer Income Tax Assistance (VITA) services this year. Assistance will be available for active duty members through Military One Source www.militaryonesource.com. https://www.irs.gov/individuals/military contains information for military personnel and will post updates to assistance offered by the

FEDERAL VOTING ASSISTANCE PROGRAM: The 2020 election season is

approaching. The Federal Voting Assistance Program (FVAP) allows all US citizens to vote while their away from their voting jurisdiction. To register and request a ballot, fill out the Federal Post Card Application: fvap. gov/r3/fpca/state. You may also pick up a hard copy from the Installation Voting Assistance (IVA) Office, Bldg. 769 M-F 0800-1700. New Hampshire and South Carolina hold their primary election in Feb, register today to ensure receipt of the ballot. For more information favp.gov or the Installation Voter Assistance Office at 784-5440. **OSAN YOUTH SPORTS SPORTS OF-**

FICIALS AND SCOREKEEPERS: Officials and scorekeepers are needed for all of Osan's Youth Sports and Intramural Sports games. Qualified personnel receive training and pay for working these games. If interested, please send a short text to Dave Moysey at 010-2188-5528.

THRIFT STORE VOLUNTEER OPPORTUNITY: Team Osan Spouse's Club owns and operates the Osan AB Thrift Shop as a nonprofit organization. The income raised through operating the Thrift Shop is given back to the Osan community through community grants and scholarships. Volunteers are always needed to help sort, price and organize items received. Please contact the Thrift Store Manager at thriftshopmanager@teamosansc.com for more information.

TUTORING VOLUNTEER OPPORTU-NITY: We have a tutoring opportunity for grade school to young adults, on base, for all subjects, especially the sciences, technology, engineering, and mathematics (STEM). In order to be a volunteer, applicants would have to complete a coach/volunteer application and background check. Interested participants can get additional information at our "Osan AB Tutoring" Facebook page https://www.facebook.com/osantutors/ We meet every Wednesday & Thursday from 1630-1830 at the Base USO.

51 FSS/FSDE MILTA BRIEFINGS: The Education Center offers the Military

Education Center offers the Military Tuition Assistance (MilTA) Briefing every Tuesday at 0800 and Thursday at 1500 in Bldg. 788, Rm 26. The briefings are held twice a week to aid in capturing shift workers. This briefing is required for first time users of Tuition Assistance and for members who received an AFVEC notification that follow up counseling is required. No sign up needed. If you have any questions concerning MilTA, please contact the Osan Education Center at 784-4220.

GO GIRLS GO 5K RUN: 5K Run/Walk to finish off the season of the Go Girls Go running club (3rd-5th grade girls). Come out to join them, get a great workout in, or just make signs and cheer! We are also looking for volunteers for the water stations and road guards.

OSAN BASE HONOR GUARD "TO HONOR WITH DIGNITY": Are you highly motivated, dedicated to excellence, and want to be among the sharpest? If the answer is yes, the Osan Honor Guard Team welcomes you! Join us for practice every Tues &

Thurs at 1600!

VOLUNTEERS FOR TEAM OSAN IN-NOVATION EFFORT: Osan Innovation Team is seeking volunteers to become council members that are eager to take the Osan innovation cell to the next level. Email org box for list of open positions/descriptions.

OSAN ELEMENTARY SCHOOL FIELD DAY: Osan Elementary school is seeking 100+ volunteers to host stations during Field Day on May 22. The first planning meeting will occur on Februiary 28th and all volunetters should reach out by Feb 7 to sign up. DR. SEUSS WEEK: Dr. Seuss Week is a week long celebration of reading. Great volunteer opportunity with tasks ranging from daily readers, décor set up and breakdown.

OSAN ELEMENTARY SCHOOL CAREER DAY: Osan Elementary School needs your help to conduct our Annual Career Day Event. Volunteers will provide presentation on their specific career field to OES students.

DOWN RANGE DEPLOYMENT DONATIONS: Red Cross is unpacking pallets of items to send around Korea & downrange. We need your help unpacking, sorting, repacking. https://volunteerconnection.redcross.org/?nd=vms\_public\_form&form\_id=7469

CARNIVAL: CPPO will be hosting a Carnival Event and are looking for Volunteers. Sign up here: https://www.signupgenius.com/go/9040F4AADA62CA7FD0-carnival

Kunsan's emergency phone numbers				
Emergency Services	911			
Off Base/Cell Emergency	063-470- 0911	Nurse Advice Line	1-800-723-8255	
Crime Stop: (to report a crime)	782-5444	IG Complaints FWA Reporting:	782-4850 (duty hours) 782-4942 (anytime)	
Base Locator: (after duty hours)	782-4743	Chaplain (After duty hours)	782-6000	
Law Enforcement desk	782-4944	Sexual Assault Response Coordinator (SARC)	782-7272	
Emergency Leave / Red Cross		782-4601 (on base) 1-800-733-2761 (anytime)		

Osan's emergency phone numbers				
Emergency Services (Fire, Medical, Security Police)	911	Commander's Hotline	784-4811	
Off Base/Cell Emergency	031-661- 9111	Crime Stop: (to report a crime)	784-5757	
Emergency Room:	784-2500	IG Complaints FWA Reporting:	784-1144	
Base Locator: (after duty hours)	784-4597	Emergency Leave	784-7000	
Force Protection Information Hotline:	115	Sexual Assault Response Coordinator (SARC)	784-7272	
Chaplain (After duty hours)	784-7000	Security Forces Control Center	784-5515	







8-ship joint coalition formation flies over Andersen Air Force Base, Guam, during exercise COPE North 20, Feb. 19, 2020. The mass aerial formation showcased unity in the area of responsibility (AOR) with coalition partners through a trilateral, joint formation of aircraft that displays capability to plan and fly together to defeat future threats. (U.S. Air Force photo by Master Sgt. Larry E. Reid Jr.)

irmen from the 255th Air Control Squadron set up a
Joint Incident Site Communication Capability system for
communication support in preparation for exercise Patriot
South 20 at Gulfport Combat Readiness Training Center, Miss.,
Feb. 26, 2020. Patriot South is an annual, accredited Joint
National Training Capability exercise that provides a simulated
natural disaster environment for units to test their response and
capabilities to conduct domestic operations. (U.S. Air National
Guard photo by Staff Sgt. Wendy Kuhn) ▼



ir Force Chief of Staff Gen. David L. Goldfien talks to Chief Master Sgt. of the Air Force Kaleth O. Wright after touring the new HH-60W combat rescue helicopter at the Air Force Association's Air Warfare Symposium in Orlando, Fla., Feb. 27, 2020. During the event, the HH-60W was given the name "Jolly Green II," following the legendary tradition of the Vietnam-era HH-3E Jolly Green and HH-53 Super Jolly Green crews who pioneered the combat search and rescue mission. (U.S. Air Force photo by Staff Sgt. James Richardson)

## CRIMSON SKY

## Spiritual Charge

## Resilience in the Face of Rejection



By Chaplain, Lt. Col. W. Jamie Braswell USFK Deputy Command Chaplain

any of us have suffered the pain of being rejected at some point in our lives. Rejection is experienced when one is denied an opportunity, cut off in a relationship or refused the love and kindness of others. Sadly, many have felt the pain of rejection when a family relationship is cut off. Airmen feel rejected when a romantic relationship or friendship is destroyed by an unkind word or betrayal. Getting passed over

for promotion or being denied recognition may also feel like rejection and can leave one with questions about their identity or self-worth.

From a Biblical perspective, the character Joseph experienced rejection by his brothers, bosses and friends, yet he demonstrated amazing resilience because of his faith in God. In Genesis chapter 37, we read about Joseph who was 17 years-old at the time, immature and disliked by his brothers. Joseph was Jacob's youngest and favorite son who was often sent to check on his brothers while they worked in the fields. Joseph's brothers spoke harshly to him so he ran to his father and reported their bad behavior. Joseph's brothers hated him even more when he shared two dreams that indicated he would eventually rule over his siblings and father. On another occasion, Joseph was once again sent by Jacob to check on his brothers and bring back an update. The angry brothers responded by throwing him into a pit while deliberating whether or not to kill him. After eating a meal together, the brothers decided to sell Joseph into slavery rather than kill him. Joseph must have felt terrified and utterly abandoned knowing his own siblings exchanged his freedom for twenty shekels of silver.

The desert traders who bought Joseph eventually sold him to an Egyptian officer of Pharaoh named Potiphar. Although sold into slavery, Joseph put his trust in God and served Potiphar faithfully. Under Joseph's management, Potiphar's house prospered. However, Joseph, who was very handsome, attracted the attention of Potiphar's wife. Though she made advances on him, Joseph's faith in God and loyalty to his boss caused Joseph to refuse her each time. Frustrated, Potiphar's wife accused Joseph of trying to take advantage of her. Potiphar believed his wife and had Joseph imprisoned.

Despite these many challenges, Joseph still trusted God. Even while in prison, Joseph's upstanding character led the prison warden to put Joseph in charge of all the inmates. While in prison, Joseph befriended two of Pharaoh's servants by interpreting their dreams. He asked his friends to remember him should they ever be freed. One eventually was released but forgot about Joseph until two years later when Pharaoh, troubled by nightmares, needed someone

to interpret his dreams. Joseph's friend remembered him and had him brought to Pharaoh. Joseph correctly interpreted the dreams and was subsequently made second in command only to Pharaoh. Over the next seven years, Joseph's leadership prepared Egypt for a devastating famine. Eventually, even Joseph's family came to Egypt in search of food. When Joseph was re-united with his brothers, he assured them what they intended for evil, God intended for good.

So what was the purpose of Joseph's many trials? Through suffering, a young man grew to become a great leader. More broadly, God chose Joseph to guide a powerful nation through years of famine and save countless lives, including those of his own family.

This Biblical story holds a powerful lesson for us today. Suffering and rejection are unfortunate yet common aspects of life. The pain is especially palpable when caused by family, spouses, romantic relationships, friends or co-workers. During those challenging times, we must remain resilient in the face of rejection. Most importantly, we must still trust God because He has a higher purpose for our lives.

### CHAPEL SCHEDULE

#### **KUNSAN AIR BASE**

Protestant Services
Gospel Service
Sunday, 11:30 a.m.
Main Chapel, Bldg. 501
Contemporary Service
Sunday 5 p.m.
Main Chapel, Bldg. 501

Catholic Services
Sunday Catholic Mass
Sunday, 9:45 a.m.
Main Chapel, Bldg. 501
Daily Mass and Reconciliation
Please call the Chapel

Other Worship Opportunities

LDS Service
Sunday, 1:00 p.m.
SonLight Inn, Bldg. 510

Point of Contact: Kunsan Chapel, 782-HOPE

Visit us on SharePoint: https://kunsan.eis.pacaf.af.mil/8FW/HC

#### **OSAN AIR BASE**

Protestant Services
-Community Service @ 1030
-Gospel Service @ 1230
Regular Occuring Ministries:
PYOC: (Middle School & High School
Students)
- Mondays—1830-2000 @ Chapel
Spiritual Fitness Center.
PCOC: (AWANA)
- Wednesdays @ Chapel. Age 3 to 6th grade meet 1800 -1930 & grades 7th-12th meet 1700-1800 .
PMOC: (Men)

- Tuesdays - 1830 @ Chapel Annex. PSOC: (Singles & Unaccompanied) "Osan Hospitality House" - Bible Studies:

\*Saturdays - 1900 @ Hospitality House. Dinner is provided. Sundays - 1700 @ Community Center,

Sundays - 1700 @ Community Cente Classroom #3. - Game Night:

\*Fridays - 1900 @ Hospitality House. Dinner is provided. \*Van pickup: Fridays: Chapel @ 1730,

Mustang CTR @ 1735.
Saturdays: Chapel @ 1830, Mustang CTR

@ 1835.
PWOC: (Women) "PWOC Osan AB"
- Mondays 1800-2000, Tuesdays 08451100 @ Chapel Annex (Child Watchcare provided) & Sunday 1600-1730 @ Posco

Apartments .

MOPS: Join us for OSAN MOPS!

- Meet twice a month on Wednesday @
the Chapel Annex
Contact: osanmops@gmail.com

Apostolic Pentecostal
Apostolic Connection Church
Bible Study: Osan Chapel Sanctuary,
Mondays 7PM-8PM

Catholic Mass Weekend Masses Saturday Mass (Sunday obligation), 5 p.m. Saturday, Also Confessions, 4 p.m. Sunday Mass, 8:30 a.m. Tuesday -Thursday Mass, 11:30 a.m. Friday Mass, 5 p.m.

Catholic Ministries **Catholic Religious Education** Sunday, 10-11 a.m., Chapel annex Korean Prayer group Tuesday, 9:30 a.m., Blessed Sacra Chapel Faith formation class/bible study Wednesday, 6:00 p.m., Chapel annex Catholic Men of the Chapel (CMOC) Wednesday, 7:00 p.m., Chapel annex Catholic Women of the Chapel (CWOC) Thursday, 5:30 p.m., Chapel annex hall Catholic Family social meal (Free) Friday, 6-7:30 p.m., Chapel annex hall Catholic Family social meal (Free) Saturday, 6-7:30 p.m., Chapel annex hall

Knights of Columbus & Baptism classe Meet monthly, Pls call 784-5000

Other Faith Groups
Earth-Based (Contact the Chapel)
Jewish (Contact the Chapel)
Muslim (Contact the Chapel)
Buddhist (Contact the Chapel)
LDS Sunday, 1 p.m., Contact the Chapel

Point of Contact: Osan Chapel, 784-5000

Visit us on SharePoint: https://osan.eim.pacaf. af.mil/51FW/51FW-HC/default.aspx

Visit us on Facebook (OSAN AB CHAPEL) https://www.facebook.com/OsanABChapel

#### **USAG-YONGSAN**

**Traditional Service** Sunday, 9:30 a.m. Memorial Chapel, Bldg 1597 Sunday, 9:30 a.m. **Brian Allgood Hospital Chapel Contemporary Service** Sunday, 9 a.m. South Post Chapel, Bldg 3702 Sunday, 10:30 a.m. K-16 Chapel **Nondenominational Service** Sunday, 11 a.m. South Post Chapel, Bldg 3702 **Gospel Service** Sunday, 1 p.m. South Post Chapel, Bldg 3702 Pentecostal Sunday, 1:30 p.m. Memorial Chapel, Bldg 1597 **Latter Day Saints (LDS)** Sunday, 4 p.m. South Post Chapel, Bldg 3702 Seventh-Day Adventist Saturday, 9:30 a.m. **Brian Allgood Hospital Chapel** 

**KATUSA** 

Tuesday, 6:30 p.m.

Memorial Chapel, Bldg 1597

**Protestant Services** 

Catholic Mass

Sunday, 8 a.m.

Memorial Chapel, Bldg 1597
Sunday, 11:30 a.m.

Memorial Chapel, Bldg 1597
Saturday, 5 p.m.

Memorial Chapel, Bldg 1597
1st Saturday, 9 a.m.

Memorial Chapel, Bldg 1597
M/W/T/F, 11:45 a.m.

Memorial Chapel, Bldg 1597
Tuesday, 11:45 p.m.

Brian Allgood Hospital Chapel

General Service

Episcopal Service Sunday, 11 a.m. Brian Allgood Hospital Chapel

Jewish Friday, 7 p.m. South Post Chapel, Bldg 3702



Point of Contact: USAG Yongsan Religious Support Office, 738-3011 Visit us on SharePoint: http://www.army.mil/yongsan

# Intel Airman's quick action saves contractor's life

#### By Sheila deVera, JBER Public Affairs

JOINT BASE ELMENDORF-RICHARDSON, Alaska -- Despite an unprecedentedly hot summer and the plume of wildfire smoke that engulfed Anchorage, Alaska, it was a typical work-day for Senior Airman Alaina Armentrout. As a Cryptologic Language Analyst for the 38ist Intelligence Squadron, she was helping the Alaska Learning Center prepare lesson materials.

On this particular Monday afternoon, July 8, 2019, Armentrout noticed a civilian contractor in the class had fallen to the floor and was experiencing a violent seizure.

"I was listening to the course material with my headphones on when I heard a loud noise," Armentrout said. "I immediately looked up and saw him fall facedown."

Ryan Christian, ALC test administrator, was having a conversation with his fellow instructor, Eric Medley, when he cardiopulmonary resuscitation.

"He was slowly breathing, and on his last breath, he suddenly stopped," Armentrout said. "I instantly started CPR and within five to 10 chest compressions, he started breathing again."

Due to the self-aid buddy care Armentrout learned in high school and the Tactical Combat Casualty Care from the Air Force, the victim regained consciousness.

Once the victim became stable, the Salisbury, MO native, carefully monitored his status and provided additional first-aid to impact wounds sustained during the initial fall until the medical first responder arrived at the scene.

"I feel like I've been prepared for this situation," Armentrout said. "I always ask myself what you would do in this kind of situation, and it worked out well because I knew exactly what I needed to do."

Other members were also there



collapsed, falling onto a concrete floor and started convulsing.

Without hesitation, Armentrout, along with Medley sprung to action and pulled the victim away from the wall and nearby objects as he was kicking. The first-term Airman put the victim gently onto one side to help him breathe.

The seizure lasted a little over a minute but she said it felt like an eternity to her. When the victim stopped seizing and his breathing slowed, she thought she had provided all the assistance she needed. But the contractor stopped breathing within seconds, and Armentrout swiftly and carefully began performing

to assist – Air Force Staff Sgt. Volodymyr Palko stayed on the phone with the first responder and moved obstacles out of the way for the emergency medical services team; Airman 1st Class Jackson Self provided first aid until the paramedics arrived.

Christian added that if it were it not for quick thinking personnel, he may not be here today to tell his story.

"I fully credit these personnel from the 373rd ISRG for saving my life," Christian said. "Saying thank you from the bottom of my heart (literally) is not enough for what they have done for me and my family."



By Master Sgt. Richard P. Ebensberger, 36th Wing Public Affairs

#### ANDERSEN AIR FORCE BASE,

Guam -- The Patriot Express (PE) will start flying passengers between Andersen Air Force Base, Guam and the Seattle-Tacoma International Airport Mar. 7, 2020. The route will now include a servicing stop in Anchorage, Alaska instead of Honolulu. The change was made by the carrier to better accommodate pets.

The PE, also known as the "Rotator" or "Cat B flight", is a Department of Defense contracted commercial charter flight which provides international support to travelers on official duty and their families. The PE also provides Space-Available travel opportunities for eligible members. Flights between Andersen and Seattle will take place twice a month during a six-month Proof-of-Principle scheduled to begin in March.

"The Patriot Express will provide a much-needed service to the military families on Guam," said Mrs. Cindi Boswell, spouse to the 36th Wing commander. "Relying on commercial airfare during a PCS to Guam can be extremely expensive, especially if the family is going to be moving with pets." This commercial charter flight is expected to help defray both government costs associated with PCS travel and personal costs of transporting pets.

Military members and their dependents in PCS or TDY status will make travel reservations through their installation Transportation Office.

Families in PCS status are authorized to transport their pets (cats and dogs only) on the PE for a nominal fee but are limited to two pets per family. Additionally, pet capacity will be limited based on the carrier's cargo configuration. Pet reservations are made through the passenger's installation Transportation Office, and passengers are responsible for obtaining and meeting all

pet shipment requirements, quarantine, and fees associated with the shipment of their pet(s). Pet transportation is not authorized for Space-A travel. Additional information can be found on the AMC Pet Travel Site: https://www.amc.af.mil/Home/AMC-Travel-Site/AMC-Pet-Travel-Page/

"Flying back to the states from Guam can be very expensive," said Boswell. "For our junior Airmen, the cost can sometimes be too high to make a trip home for holidays or special events but with the rotator coming through on a consistent basis, we hope that the increased Space-A travel opportunity will open that door for our Airmen and their families to make it home more easily."

Per the Defense Travel
Regulation, PE flights will be
available for booking 90 days
prior to the month in which travel
will begin. For example, flights
departing in June will be available
for booking in March. In the event
a flight is not yet available for
booking, the dates for PE flights
arriving in and departing from
Guam are below for your planning
purposes.

Mar. 07, 21 Apr. 04, 18 May 02, 16, 30 June 13, 27 July 11, 25 Aug. 08, 22

Those looking to fly Space-Available can make reservations by completing a reservation request form on the AMC Space-A Travel page: https://www.amc.af.mil/Home/AMC-Travel-Site/AMC-Space-Available-Travel-Page/Space-Available-Email-Sign-up-Form/

Flight schedules will be advertised on the Andersen Passenger Terminal Facebook page: https://www.facebook.com/ AndersenPassengerTerminal/

Additional PE travel information can be found on https://www. andersen.af.mil/Units/Wing-Tenant-Units/AMC-Passenger-Terminal/ Patriot-Express/



#### WHAT IS A NOVEL CORONAVIRUS?

Coronaviruses are a large family of viruses that can cause the common cold or Sudden Acute Respiratory Syndrome (SARS). A novel coronavirus is a new coronavirus that has not been previously identified. The virus causing coronavirus disease 2019, now known as COVID-19, is not the same as the coronaviruses that commonly circulate among humans and cause mild illness, like the common cold.

#### **HOW DOES COVID-19 SPREAD?**

Researchers are still trying to identify the specific way COVID-19 is spread, but due to its similarities with SARS and MERS it is thought to spread via respiratory droplets from an infected person coughing or sneezing, similar to the flu virus.

#### **DO MASKS PREVENT INFECTION?**

Facemasks will not prevent you from contracting COVID-19 from others. However, they may reduce the risk of spreading the virus if used properly. The use of facemasks at medical facilities is crucial for the safety of health workers and other people who are taking care of someone infected with COVID-19 in close settings (at home or in a health care facility). When wearing a mask, do not neglect other essential preventative measures. Wash hands before and after touching your mask. Complete surgical mask instructions can be found at the World Health Organization.

#### TRAVEL THROUGH VITAL AREAS?

If you are exhibiting the symptoms described above and have traveled to China, or were in close contact with a confirmed case, contact your chain of command and/or first sergeant. If needed, healthcare professionals will evaluate your symptoms over the phone and determine if additional testing is required.

#### **HOW CAN I PROTECT MYSELF?**

The best way to help keep you and your family safe is to ensure everyone is practicing good hand hygiene by washing your hands with soap and water as often as possible. Also, using an alcohol-based hand sanitizer will help when not near a sink. Avoid touching your face and cover your mouth when you cough or sneeze.

#### WHAT IF I HAVE VIRUS SYMPTOMS?

Immediately notify your chain of command or first sergeant. Call ahead

before visiting any medical facility to receive guidance from medical professionals.

#### IN PROXIMITY OF A SICK PATIENT?

If you have been in close contact with someone diagnosed with COVID-19, notify your chain of command and first sergeant. Call your healthcare provider right away if you develop symptoms suggestive of COVID-19 (e.g., fever, cough, shortness of breath).

#### **CAN MY PET GET SICK?**

To date, the CDC has not received any reports of pets or other animals becoming sick with COVID-19. At this time, there is no evidence that companion animals, including pets, can be infected with or spread COVID-19. However, since animals can spread other diseases to people, it is always a good idea to wash your hands after being around animals.

## CAN COVID-19 BE SPREAD THROUGH FOOD, INCLUDING REFIGERATED OR FROZEN FOOD?

Coronaviruses are generally thought to be spread from person-to-person through respiratory droplets. Currently there is no evidence to support transmission of COVID-19 associated with food. Before preparing or eating food it is important to always wash your hands with soap and water for 20 seconds for general food safety. Throughout the day wash your hands after blowing your nose, coughing or sneezing, or going to the bathroom. It may be possible that a person can get COVID-19 by touching a surface or object that has the virus on it and then touching their own mouth, nose, or possibly their eyes, but this is not thought to be the main way the virus spreads. In general, because of poor survivability of these coronaviruses on surfaces, there is likely very low risk of spread from food products or packaging that are shipped over a period of days or weeks at ambient, refrigerated, or frozen temperatures.

#### **ADDITIONAL RESOURCES FOR LOCALIZED INFORMATION:**

USFK Website: https://www.usfk.mil/

USFK Facebook: https://www.facebook.com/myusfk

Osan Web Page: https://www.osan.af.mil/Coronavirus-COVID-/

Osan Air Base Facebook: https://www.facebook.com/51stFW/

Kunsan Web Page: https://www.kunsan.af.mil/

Kunsan Air Base Facebook: https://www.facebook.com/KunsanAirBase/

There is something magical about Gangwon-do in winter, a special aura that helped it become the host venue for the 2018 PyeongChang Winter Olympics. The snowy landscapes and experiences available at both mountain and coastal attractions draw in all who hear their call. If you're searching for a winter wonderland, then look no further than Gangwon-do!

## On the Road in Gangwon-do

#### **▼** Wondae-ri Birch Tree Forest

Visiting Wondae-ri Birch Forest in Inje-gun is like traveling to another realm. It begins with a quest to find birch trees; there isn't a single one visible from the entrance at the foot of the mountain. A hero's quest is never easy and the trail from the entrance to the forest stretches approximately 3.2 kilometers up the mountainside. All visitors have to walk on their own two feet, but you can make it easier if you have the proper equipment, such as ice cleats and trekking poles. The information center also provides walking sticks to use free of charge. With the proper preparations and perseverance, each step up will reveal another birch tree or two, mere glimmers of the treasure that awaits.

After roughly an hour of climbing up, you will come to a sign welcoming you to Wondae-ri Birch Forest, where an amazing sight unfolds before your eyes. Nearly 410,000 tall white birch trees fill the valley below. During winter, snow often blankets the area, creating an even more fantastic scene like something you'd find in a movie. If you'd like to star in your own film here, be sure to take some photos of yourself peeking out of the hut made of birch trees, walking along the pathways, or gazing out from the forest classroom.

• Address: 760, Jajaknamusup-gil, Inje-gun, Gangwon-do



### **▼** Nongoldam-gil Street

Wandering the quiet streets around Mokhohang Port, you may suddenly find signs pointing to Nongoldam-gil Street painted on the road. There is no exact entrance or path to this attraction; you must simply follow your feet wherever they may lead you. Rather than worrying about getting lost, take turns down different alleyways to see what you might discover. Without knowing it, you'll magically find your way back to where you were. Eventually, you'll reach the summit, where fantastic views of the city of Donghae and the East Sea unfold around you.

The history of Nongoldam-gil Street is deeply tied with the opening of Mukhohang Port in 1941. The walls of the village tell this history through murals and photos, provided by both artists and local residents. After exploring each of the three main pathways, take a break at one of the cafés or galleries, each with excellent views of the sea.

• Address: Area of Nongol3-gil, Donghae-si, Gangwon-do





#### ▲ Gangmun Beach

The East Sea viewed from Gangwon-do is known to be clean and clear – essentially, picture-perfect! Because of this, people come to the coast no matter what season it is. There are many famous beaches to take in the sights, but Gangmun Beach in Gangneung tops them all when it comes to taking pictures.

Despite being a rather small stretch of coast, the beach is lined with photo spots, from the GANGMUN sign to giant photo frames and rings. The easel photo frame is probably the most popular spot, allowing for great photos with the blue East Sea in the background. After checking out each of the photo spots, be sure to go to Gangmun Sotdae Bridge, connecting Gangmun Beach with the larger Gyeongpo Beach to the north. With its large white arch, the bridge itself could be considered another photo zone!

• Address: 352, Changhae-ro, Gangneung-si, Gangwon-do



## ▲ Daegwallyeong Sheep Ranch

Wind power generators dot the landscape of Daegwallyeong Pass. If you follow the winding road up the mountain until the generators appear to be spinning right above you, you'll reach Daegwallyeong Rest Area. This isn't just any old rest area; look closely and you'll find signs pointing to Daegwallyeong Sheep Ranch. Pass through the buildings and head up the hill a bit more to reach the ranch. In winter, the grassy fields are covered in a thick blanket of snow! The ranch has two main walking courses, with Course 1 taking you to a small wooden shack and Course 2 taking you even further up the mountainside for a complete panorama of the ranch. During winter when the winds blow strong, we recommend the more sheltered Course 1. Be sure to get a photo taken with the shack, just as much a symbol of the ranch as the sheep are!

Of course, a visit to the sheep ranch wouldn't be complete without actually seeing the sheep! During winter, the sheep are kept warm and well-fed in a barn in the dip between the hills. Here, you can even help in caring for the sheep by feeding them hay! Afterwards, be sure to visit the rest area. The rest area has a small convenience store selling gift items and warm drinks, as well as a fireplace, perfect for warming up in a hurry.

• Address: 483-32, Daegwallyeongmaru-gil, Pyeongchang-gun, Gangwon-do